



**Division of Gastroenterology and
Hepatology**

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July 17, 2014

Regarding:

Name
DOB: MM/DD/Year

To whom it may concern,

Name is under my care for a health condition requiring strict adherence to the Specific Carbohydrate Diet. This diet is therapeutic treatment for a medical condition, so adherence is essential at all times. Due to the significant food restrictions that this diet requires, **Name** must carry and consume only carefully selected commercial and homemade foods.

Please allow **Name** to carry food onto planes and into theaters, restaurants and any other areas so **Name** can be with friends and family but not compromise **Name** strict dietary regimen.

Sincerely,

Division of Gastroenterology
Seattle Children's Hospital
University of Washington